

Annual Report

2019/2020



First Nations Child & Family
Caring Society of Canada

Please note that this annual report reflects activities from September 2019 to August 2020.

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Dedication

Dedicated to the memory of Maurina Beadle and John Loxley.

For their commitment and dedication to First Nations children, families, and communities and unwavering support for the work of the Caring Society.

Honouring

Alanis Obomsawin	Hadley Friedland	Project of Heart
Amanda Strong and Spotted Fawn Productions	Indigenous Bar Association	Sandy Tunwell, Accountrain Inc.
Ampersand Inc.	Institute of Fiscal Studies & Democracy	Sign Language Interpreting Associates of Ottawa
Amnesty International	J.W. McConnell Foundation	Sisters of Service
Anderson Family, Norway House Cree Nation	Laurentian University	Secretariat for Aboriginal and Islander Child Care (SNAICC), Australia
Andrew Koostachin, Jenny Nakogee and Family	Larissa States	Social Sciences and Humanities Research Council
Anne Levesque, University of Ottawa	Leah Gryfe Designs	Sotos LLP
Assembly of Seven Generations (A7G)	LeMay Media and Consulting	Tammy Morgan
Assembly of First Nations	Lillian Meighen and Don Wright Foundation	Terri Libesman
Barbara McIlsac, McIlsac Law	Lisa Howell, University of Ottawa	The Bryce Family
Beechwood Cemetery	Manitoba First Nations and CFS Committee	The Edith and Bernard Ennis Foundation
BlackSun Inc.	Many Hand One Dream Coalition	The Printing House
Book Manager	Marquis Book Printing	The Queensland Aboriginal and Torres Strait Islander Child Protection Peak (QATSICPP), Australia
BookNet Canada	McGill University	University of Toronto Press
Canadian Council for the Arts	McIntyre Media	UNICEF Canada
Canadian Federation of Nurses	Mélanie Vincent	UNIFOR
Canadian National Railway Company	Naiomi Metallic	United Food and Commercial Workers Union
Canadian Union of Public Employees	National Collaborating Centre on Aboriginal Health	University of Alberta, Faculty of Education
Chamandy Foundation	National Indian Brotherhood	University of Calgary
Cheekbone Beauty	National Film Board	University of Ottawa, Faculty of Education
Child Welfare League of Canada	National Indian Child Welfare Association (NICWA)	Web Kitchen
City of Ottawa	Nicholas Ng-A-Fook, University of Ottawa	Youth in Care Canada
Clarke Child and Family Law	Ouseley Hanvey Clipsham Deep LLP	
Conway Baxter LLP	Pam Palmater	
David Hodges, inPath	Plus 1	
Folklore Contracting		

Key Accomplishments 2019-2020

Big Win for the Kids

The Canadian Human Rights Tribunal has issued **12 procedural and non-compliance orders** since the 2016 landmark ruling, 4 of which were issued in 2019/2020.

In **September 2019**, the Tribunal ruled that First Nations children and their families would receive the maximum compensation allowable through the *Canadian Human Rights Act* (\$40,000), finding that Canada has been “wilfully and recklessly” discriminating against First Nations children.

Over **691,000 services and products** were provided to First Nations children as a result of Jordan’s Principle and the May 2017 non-compliance order.

We submitted the report *Canada’s Ongoing Racial Discrimination Against 165,000 First Nations Children and Their Families* to the United Nations Committee on the Rights of the Child for Canada’s fifth and sixth periodic report.



Reconciliation in Action

We hosted our annual **Have a Heart Day** event which was celebrated with **500 local students!** Over **40 schools, workplaces and organizations** held events nationwide with over **2,000 people** celebrating!



We introduced the Touchstones of Hope to more than **50 enthusiastic and caring participants** from **2 groups and communities!** We also updated the Touchstones of Hope toolkit further and translated the toolkit into French!



#BearWitnessDay and **#JordansPrinciple** were trending on Twitter on Bear Witness Day as individuals, groups, communities, schools and workplaces honoured Jordan River Anderson and learned about Jordan’s Principle.



To support community participation in **Honouring Memories, Planting Dreams**, we distributed more than **200 packets of wildflower seeds** across Canada! These were used to plant Heart Gardens in honour of residential school survivors.

We expanded our **Reconciling History initiative** to include new learning opportunities like the History of Inequity timeline and a self-guided Reconciling History Walking Tour in downtown Ottawa!



Public Education

We published **one issue of the First Peoples Child Family Review** and partnered with Coalition Publica, an initiative to develop and promote a network of open-source, digital scholarly publishing.



We published **4 newsletters** featuring **40 articles** and **4 guest contributions**.

We distributed newsletters to over **250 First Nations Child and Family Service Agencies, members and educators.**



We appeared in the news over **250 times**, both in the Canadian media and overseas!



Making New Friends

We completed over **160 public education events** attended by thousands of people of all ages and backgrounds.



We gained over **2,300 new followers** on the @CaringSociety Twitter account and **1,600 new page likes** on Facebook. Our online friends now include more than **25,000 followers!** Our website has had over **175,000 visitors!**



Spirit Bear and Friends

Spirit Bear published **3 new books**: *Spirit Bear: Honouring Memories, Planting Dreams* (in French and English) and *Spirit Bear: Echoes of the Past*, his third and fourth illustrated children's books.

Over **800 books** and **2,700 copies of Spirit Bear's 2020 Guide to Reconciliation**, our annual calendar, were donated to schools, organizations and hospitals!

We sold over **2,000 copies of Spirit Bear's books** and over **1,100 copies of the 2020 calendar**. All proceeds support child and youth-led reconciliation initiatives.



Spirit Bear's second book, *Spirit Bear: Fishing for Knowledge, Catching Dreams*, was given top place in the children's book category for the 2019-2020 First Nation Communities READ program.

Spirit Bear gained more than **1,500 new Twitter followers** and **tripled his Instagram following!**

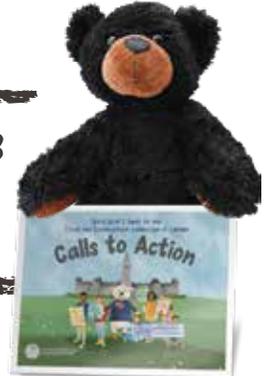


Spirit Bear published his **Guide to the Truth and Reconciliation Commission of Canada Calls to Action**, a learning guide for young people to better understand the 94 Calls to Action.

1 2 3



Spirit Bear's **#Hibernating4Health** plan was developed to support kids and families in staying healthy and safe during the COVID-19 pandemic.



Groups, schools and communities worldwide were joined by a **Reconciliation Ambearrister**. Each hosted bear learns about reconciliation and supports the legacy of the Truth and Reconciliation Commission.



Through our awards and scholarships, we were able to recognize a number of fantastic groups and individuals who are taking action to ensure equity for First Nations children.



Although the COVID-19 pandemic dampened our travel, we were able to visit **8 different provinces** and **2 different countries** before March 2020!



About Us

Building on the interest of First Nations child and family services leaders to create a national networking organization, the First Nations Child & Family Caring Society of Canada (the Caring Society) was developed at the Squamish First Nation in 1998 at a national meeting of First Nations child and family service agencies. Meeting delegates agreed that a national non-profit organization was required to provide research, policy, professional development and networking to support First Nations child and family service agencies in caring for First Nations children, youth and families. An interim board was elected and the plan was approved at a second national meeting at Kingsclear First Nation in 1999.

The Caring Society works to ensure the safety and well-being of First Nations youth and their families through education initiatives, public policy campaigns and providing quality resources to support communities. Using a reconciliation framework that addresses contemporary hardships for Indigenous families in ways that uplift all Canadians, the Caring Society champions culturally based equity for First Nations children and their families so that they can grow up safely at home, be healthy, achieve their dreams, celebrate their languages and culture and be proud of who they are. The Caring Society proudly works with our partners in Canada and around the world to promote the rights of Indigenous children.

The Caring Society Board of Directors

Raymond Shingoose, President

Yorkton Tribal Council Child and Family Services Inc., Saskatchewan

Kenn Richard, Vice-President

Native Child and Family Services of Toronto, Ontario

Judy Levi, Treasurer of the Board

New Brunswick Representative

Elsie Flette, Board Member

Manitoba Representative

Marilyn Birch, Board Member

Mi'kmaq Confederacy of Prince Edward Island, PEI

Koren Lightning-Earle, Board Member

Kasohkowew Child Wellness Society, Alberta

Landon Pearson, Board Member

Carleton University, Ontario

Teresa Steinhauer, Board Member

Mamowe Opikihawasowin Tribal Chief Child and Family Services West Society, Alberta

Theresa Stevens, Board Member

Anishinaabe Abinoojii Family Services, Ontario

Mary Teegee, Board Member

Carrier Sekani Family Services, British Columbia

Kyra Wilson, Board Member

Long Plain First Nation, Manitoba Representative

The Caring Society Staff

Cindy Blackstock, Executive Director

Andrea Auger, Reconciliation and Research Manager

Sarah Fredericks, Executive and Administrative Assistant

Brittany Mathews, Reconciliation and Research Coordinator

Robin McLeod, Youth and Reconciliation Coordinator

Emily Williams, Education and Public Engagement Coordinator

The Caring Society also acknowledges the contributions of Jennifer King, Tammy Morgan, Marc St. Dennis, and Jacquie Surges for their dedication and service to the Caring Society and First Nations children, youth and families.

Spirit Bear and Friends!

fncaringsociety.com/SpiritBear

This past year, Spirit Bear has been especially busy in the huckleberry patch – check out all of the fantastic things he’s done!

Spirit Bear (*Bearrister*)

fncaringsociety.com/about-spirit-bear

Just like that, another *pawsitively* eventful year has passed for Spirit Bear and his friends. Spirit Bear reached friends far and wide this year through his Twitter page. He gained 1,500 followers, had his twitter profile visited 9,000 times and reached 1.5 million engagements on his tweets!

This year, Spirit Bear attended all the Canadian Human Rights Tribunal (the Tribunal) hearings, and witnessed six Tribunal orders and two Federal Court orders! He was *beary* excited to be invited to a Santa Clause parade in Winnipeg, where he rode on a Jordan’s Principle float.

Spirit Bear is making strides in the world of literature! He received the PMC Indigenous Literature Award for his second book, *Spirit Bear: Fishing for Dreams, Catching Knowledge*. He also finished writing his third and fourth books, *Spirit Bear: Honouring Memories, Planting Dreams* and *Spirit Bear: Echoes of the Past*.

Spirit Bear was gifted to the Caring Society by Carrier Sekani Family Services in 2007. Since the very beginning, he has been a witness to the Tribunal case, representing 165,000 First Nations children and their families affected by the case and the thousands of other children who stand with them for fairness.



Spirit Bear and friend takes part in the Santa Clause parade in Winnipeg.



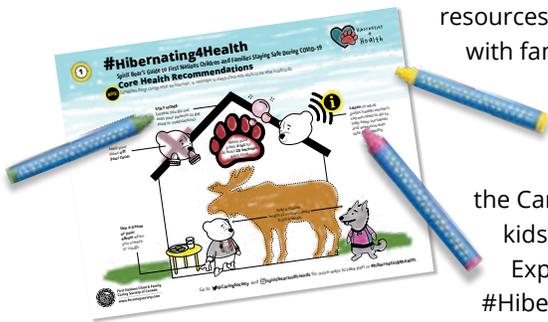
and Spirit Bear’s COVID-19 Resources Pages

fncaringsociety.com/spirit-bears-covid-19-resources

In early March, Spirit Bear and the Caring Society launched the #Hibernating4Health social media campaign to support kids and families in staying healthy, supporting each other, and learning during COVID-19. In the early weeks of the campaign, Spirit Bear shared valuable health recommendations, encouraging folks to stay home, wash their paws, and stay a moose length away from friends. Spirit Bear then shared learning activities for kids to engage in at home, including many of the Caring Society’s child-friendly resources. Spirit Bear’s COVID-19 resource pages on the Caring Society’s website keep child- and youth-friendly

Following COVID-19 public health measures, Spirit Bear and his colleagues worked remotely.





resources in one place, along with resource pages for professionals working with families and youth, families and educators, and Indigenous communities. These pages are updated continuously, so they continue to direct people of all ages to reliable resources and information.

As families and communities brace for a second wave of COVID-19, the Caring Society strives to provide high-quality learning resources for kids at home on health and wellness, social justice, and reconciliation.

Explore the resource pages and follow Spirit Bear on Twitter for the latest #Hibernating4Health resources, activities, and more.

Spirit Bear Animations

fncaringsociety.com/films

The Caring Society, in collaboration with Spotted Fawn Productions, has been working on a stop-motion adaptation of Spirit Bear's first book, *Spirit Bear and Children Make History*. Spotted Fawn Productions is in the final stages of post-production, and the animation will be available in Fall 2020. We are also thrilled that the animation will feature a song from young people from the Saik'uz First Nation, Takla First Nation, Nak'azdli Whut'en First Nation, Lake Babine Nation. The song was directed and produced by David Hodges, Co-Executive Director and Founder of inPath, who also founded the N'we Jinan initiative to provide music education to Indigenous children and youth in northern communities.



Spirit Bear on the set of his living room.

Spirit Bear and Children Make History is the first in a series of animations based on Spirit Bear's adventures. With a run time of just over 27 minutes, the first animation follows Spirit Bear on his journey from his home territory of Carrier Sekani Tribal Council to Ottawa to attend an historic case on First Nations child welfare. While there, Spirit Bear learns about Jordan River Anderson and Jordan's Principle. He also meets many new friends and learns about the importance of equity for First Nations young people.

Spotted Fawn Productions is an award-winning animation studio led by Michif artist Amanda Strong and her team of Indigenous filmmakers, media, and stop-motion animators. To view trailers for the film, test footage, and behind-the-scenes photos, visit Spotted Fawn Productions' Instagram page at [instagram.com/spottedfawnproductions](https://www.instagram.com/spottedfawnproductions).

Spirit Bear's Pawblishing Services

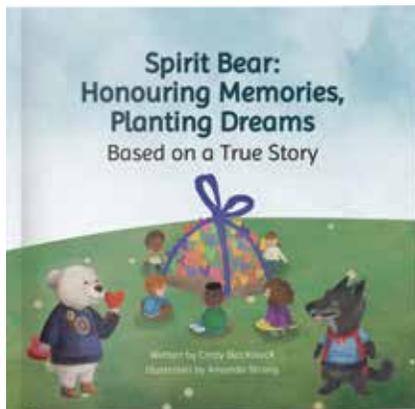
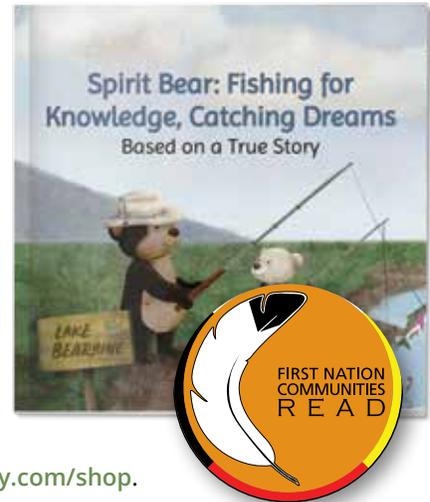
fncaringsociety.com/books-and-learning-guides

Spirit Bear and the Caring Society *pawblished* some amazing reconciliation books and resources this past year! These resources address a gap in reconciliation education. There are few Canadian books for younger children linking reconciliation with social justice in the spirit of the Truth and Reconciliation Commission and its Calls to Action.

Spirit Bear published three new children's books this year. They join *Spirit Bear and Children Make History* published in December 2017 and *Spirit Bear: Fishing for Knowledge, Catching Dreams* published in December 2018.

We are proud to announce that *Spirit Bear: Fishing for Knowledge, Catching Dreams* was given the top place in the children's book category for the 2019–2020 First Nation Communities READ program. Established in 2003 by a group of First Nations public libraries in Ontario, First Nation Communities READ celebrates intergenerational storytelling by Indigenous authors and illustrators. It is an honour for Spirit Bear's second book to be named amongst the best of Indigenous literature for children. As part of the First Nation Communities READ program, *Spirit Bear: Fishing for Knowledge, Catching Dreams* received the Periodical Marketers of Canada Indigenous Literature Award.

All of Spirit Bear's books and his 2021 calendar are available through your local bookstore (subject to availability) and large orders can be directed to the University of Toronto Press or Ampersand, Inc. For more information, please visit the Caring Society's shop at fncaringsociety.com/shop.



Spirit Bear: Honouring Memories, Planting Dreams

fncaringsociety.com/SpiritBear/honouring-memories

December 2019 marked the release of Spirit Bear's third book, *Spirit Bear: Honouring Memories, Planting Dreams*. Spirit Bear meets his friend Jake in Ottawa and together, they learn about ways to honour those who were lost to residential schools, survivors, and First Nations, Métis and Inuit veterans. It is also now available in French!

Spirit Bear: Echoes of the Past

fncaringsociety.com/spirit-bear-echoes-past

Spirit Bear: Echoes of the Past is the latest book released in July 2020 and follows Spirit Bear and his family on vacation. They visit the Lekwungen-speaking peoples of the Songhees and Esquimalt territory (also known as Victoria, BC) and they happen to see the statue of Sir John A. Macdonald being taken down. Spirit Bear and his family learn about the good and bad parts of history and how we can make better decisions now and for future generations of First Nations, Métis and Inuit kids.





Spirit Bear's Guide to Reconciliation: 2020 and 2021 Calendars

fncaringsociety.com/SpiritBear/calendar

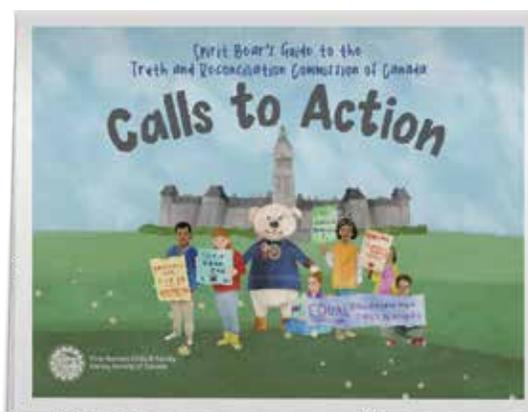
Spirit Bear is *beary* excited to have released his third calendar, *Spirit Bear's 2020 Guide to Reconciliation*, in Fall 2019. Spirit Bear is keen to ensure that his calendar is widely available so he *paw*blished his fourth calendar, *Spirit Bear's 2021 Guide to Reconciliation*, in June 2020. Featuring snapshots from Spirit Bear's first animation, the 2021 calendar features a whole year of reconciliation-based activities and events for individuals and groups to participate in.

Special thanks to the Lillian Meighen and Don Wright Foundation for their continued support for the calendar.

Spirit Bear's Guide to the Truth and Reconciliation Commission of Canada Calls to Action

bit.ly/ChildFriendlyCallstoAction

In Spring 2020, Spirit Bear and his friends put together a new learning guide for young people to better understand the Truth and Reconciliation Commission's 94 Calls to Action. The Truth and Reconciliation Commission (TRC) was created to listen to the stories about residential schools and then write them down so we could learn from our mistakes. The 94 Calls to Action are activities all governments, courts, businesses, schools, and people living in Canada can do to help fix the mistakes of the past and present so that all children – including First Nations, Métis, and Inuit children – can grow up happy, healthy, safe and proud of who they are. It is important for all of us to be informed about the TRC and the Calls to Action. Spirit Bear wrote this guide as a way for youth of all ages to read and understand how to make reconciliation a reality in Canada.



Reconciliation Ambearristers Program

fncaringsociety.com/Reconciliation-Ambearristers

The Reconciliation Ambearristers Program invites groups to work with one of the Caring Society's Reconciliation Ambearristers to guide the group through a year of free ways to make a difference for First Nations children and promote the Truth and Reconciliation Commission's Calls to Action. Hosting groups "teach" the bear Indigenous languages and stories and include the bear in cultural activities so it becomes a well-known Reconciliation Ambearrister in the community! This year, several schools, groups and communities worldwide welcomed a Reconciliation Ambearrister.

Ambearrister Tupa is a special member of the Okanagan Nation Alliance.

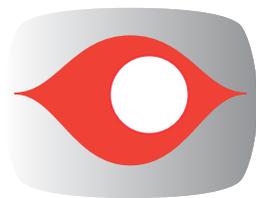


Child- and Youth-Led Campaigns

The Caring Society believes all children, including First Nations children, have a right to grow up safely with their families, go to good schools and be healthy and proud of who they are. These rights are enshrined in the United Nations Convention on the Rights of the Child (UNCRC) and the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP). The Canadian government has ratified the UNCRC and has expressed support for UNDRIP. As such, the Caring Society actively works to ensure the realization of these rights for First Nations children, youth and their families.

Meaningful reconciliation engages young people in learning about our collective past and thinking creatively about the future. Children and young people have a clear sense between right and wrong, engaging them in reconciliation, and social justice nurtures compassion and moral courage and bolsters self-confidence.

The Caring Society believes that each of us can take peaceful and respectful actions to help make a better Canada for Indigenous children and their families. We provide opportunities for educators and young people to participate in activities and events where they can feel empowered to make a difference.



I Am a Witness: Canadian Human Rights Tribunal

fnwitness.ca

In January 2016, the Canadian Human Rights

Tribunal (the Tribunal) ruled in a landmark human rights case that the Canadian government is responsible for racially discriminating against 165,000 First Nations children by providing flawed and inequitable child welfare services to First Nations children and their families, and failing to implement Jordan's Principle.

Following the 2016 order, there have been 14 non-compliance and procedural orders, six of which have been issued since September 2019. The Tribunal issued a ruling regarding the disclosure of documents on June 12, 2020 (2020 CHRT 17) and a ruling regarding the Band Representative Services for Ontario First Nations, Tribal Councils and First Nations Child and Family Service Agencies on August 11, 2020 (2020 CHRT 24). The Tribunal also issued orders relating to compensation to victims of Canada's discrimination (2019 CHRT 39; 2020 CHRT 7; 2020 CHRT 15) and Jordan's Principle eligibility (2020 CHRT 17).



Compensation Order

On September 6, 2019, the Tribunal ruled that First Nations children and their families would receive the maximum compensation allowable through the *Canadian Human Rights Act* (\$40,000), finding that Canada has been “wilfully and recklessly” discriminating against First Nations children.

In this ruling (2019 CHRT 39), the Tribunal ordered Canada to pay the maximum amount allowable under the CHRA to compensate victims of Canada’s discriminatory provision of First Nations child and family services and Jordan’s Principle. The Tribunal instructed the Assembly of First Nations (AFN), the Caring Society and Canada to develop a plan to distribute the compensation by December 10, 2019.

The Caring Society was disappointed

that the Canadian government submitted a judicial review of the Tribunal’s decision to the Federal Court on October 4, 2019, seeking an order to quash all financial compensation, as well as a motion to stay the Tribunal order (put it on hold) until the Federal Court makes a decision on the judicial review. The Canadian government did not change its legal position following the federal election on October 21, 2019.

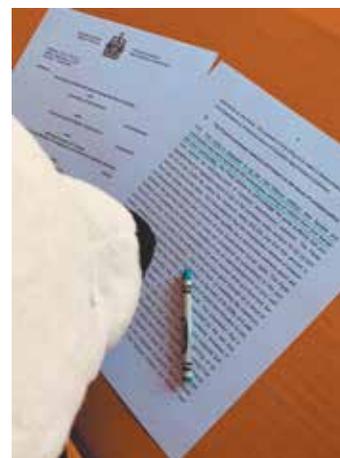
The Federal Court appointed Justice Favel to work with the Parties in case management and hearings were held on November 25–26, 2019. That same week, Justice Favel denied Canada’s stay motion to put the Tribunal proceedings on hold until after the judicial review process. Following that decision, Canada asked the Tribunal for an extension to make submissions on the compensation process as Canada had not yet engaged in discussions with the other parties. The Tribunal approved this and granted a further extension at Canada’s request to February 21, 2020.

Subsequently, parties put forward submissions on the compensation process. The Tribunal released a ruling on April 16, 2020, which answered three outstanding questions on eligibility for compensation (2020 CHRT 7). The Tribunal issued a further ruling on May 28, 2020 on outstanding issues on the compensation process (2020 CHRT 15). To learn more about who is eligible for compensation, please visit fncaringsociety.com/think-you-might-be-eligible-compensation.

Jordan’s Principle Eligibility

Following a full hearing and an interim ruling on the issue of eligibility (2019 CHRT 7), the Tribunal issued a ruling on the eligibility of First Nations children with regard to receiving services through Jordan’s Principle on July 17, 2020 (2020 CHRT 20). Canada has been ordered to **immediately** consider First Nations children who will become eligible for *Indian Act* status under the S-3 implementation eligible for services through Jordan’s Principle.

The Tribunal found two other categories of First Nations children who will be eligible for Jordan’s Principle in the future following a further order from the Tribunal:



Spirit Bear reads the compensation order.



l-r: David Taylor, Cindy Blackstock, Barbara McIsaac, Spirit Bear, Sarah Clarke and Anne Levesque at the Federal Court hearings.

1. First Nations children without *Indian Act* status who are recognized by their respective First Nations; and
2. First Nations children who do not have *Indian Act* status and who are not eligible for *Indian Act* status, but have a parent/guardian with, or who is eligible for, *Indian Act* status.

The parties to this case, including the Caring Society, Assembly of First Nations and Canada, were ordered to provide their recommendations to the Tribunal regarding the criteria and mechanism to identify these two categories of First Nations children. After that, the Tribunal is expected to release specific orders on these two categories. The Caring Society expects the Tribunal to also provide orders in the coming months regarding major capital costs for First Nations agencies and downward adjustment for small agencies.



Jordan's Principle

jordansprinciple.ca

Jordan's Principle is a child-first principle named in memory of Jordan River Anderson from Norway House Cree Nation. It ensures First Nations children can access all public services in a way that reflects their distinct cultural needs, takes full account of the historical disadvantage linked to colonization, and does so without service denials, delays or disruptions because they are First Nations.

Jordan's Principle was part of the historic ruling from January 2016 on First Nations child welfare and the Caring Society continues work to ensure the federal government is fully compliant with the Tribunal's orders. This past year, the Tribunal released two significant rulings on Jordan's Principle including compensation for First Nations young people and their families (2019 CHRT 39) and eligibility of First Nations children with regard to receiving services through Jordan's Principle (2020 CHRT 20). Read more about these rulings in the I am a Witness section.

Last year, Alanis Obomsawin released the documentary, *Jordan River Anderson, The Messenger*, a beautiful tribute to Jordan's life and legacy. In 2016, Alanis Obomsawin released *We Can't Make the Same Mistake Twice*, which also paid tribute to Jordan. Through that film, she also told the story of Maurina Beadle and her son Jeremy from the Pictou Landing First Nation. Maurina championed the Pictou Landing case, which was a win for Jordan's Principle. We will be forever grateful to Maurina and she will stay in our hearts for her work and dedication to Jordan's Principle.



Shannen's Dream

shannensdream.ca

Shannen Koostachin, a youth education advocate from Attawapiskat First Nation in Ontario, fought for her dream of safe and comfy schools and culturally based education for First Nations children and youth.

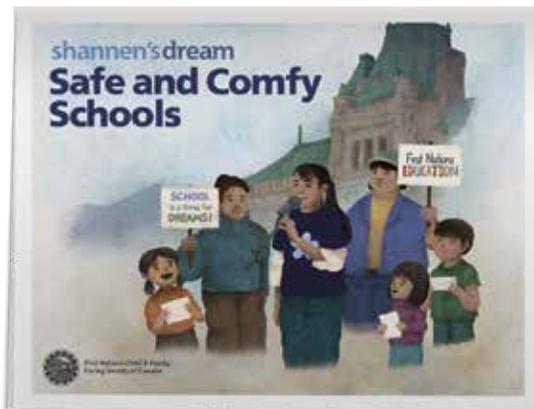
Shannen and her classmates fought for a new school after a diesel spill contaminated their school in 2000, making the students and teachers sick, and after years of attending classes in trailers. When the Canadian government cancelled its plans to build the school the community had waited eight years for, Shannen and her friends decided to fight back. They wrote letters to Members of Parliament, spoke out on social media,

went to Ottawa to rally support and meet with Minister Chuck Strahl, and appealed to the United Nations Committee on the Rights of the Child.

Tragically, Shannen passed away in 2010 at the age of 15 and never got to see the school she fought so hard for, which was finally completed in 2014. With the support of her loving family, friends and community, the Shannen's Dream campaign was founded in her honour to help make sure all First Nations children across Canada have "safe and comfy" schools and receive a good quality education that makes them proud of who they are. As Canada continues to underfund First Nations education on reserve, Shannen remains an important role model for Indigenous and non-Indigenous children and young people who continue to carry her dream for equitable, culturally based education for all First Nations children in Canada.

The Truth and Reconciliation Commission calls on Canada to provide culturally based education for First Nations children and calls on individual Canadians to learn more about

Indigenous peoples in Canada as a starting place for meaningful reconciliation. In this spirit, the Caring Society is pleased to announce the completion of a free child- and youth-friendly resource about Shannen's struggle entitled, *Shannen's Dream: Safe and Comfy Schools*. The resource tells Shannen's story, explains that the fight for safe and comfy schools for all First Nations kids is not over, and presents actions young people can take to make Shannen's Dream come true. The Caring Society continues to provide updated education resources for learners and teachers of all ages to take part in activities that foster reconciliation and culturally based equity for Indigenous children and youth.



The Caring Society at Work: Services, Events and Awards

Caring Society Services

Reconciling History

fncaringsociety.com/reconciling-history

The Reconciling History initiative invites people to learn from the past in the spirit of the Truth and Reconciliation Commission and its Calls to Action by learning about Canada's treatment of Indigenous children and families in ways that link lessons of history to contemporary injustices. By learning about the complete and accurate story of the relationship between Indigenous and non-Indigenous peoples in Canada, we can all have a better understanding of how we can contribute to reconciliation in meaningful ways.

The Caring Society has been busy working with the Reconciling History Committee to create more learning opportunities for the Reconciling History initiative. New learning opportunities include the following features:

- The History of Inequity timeline provides an opportunity to learn about Canada's treatment of Indigenous children and families. Canada has a long history of knowing about the inequities faced by First Nations children and their families and choosing not to act. The timeline outlines over 100 years of reports, articles, books, inquiries and commissions by Indigenous and non-Indigenous peoples describing the inequities and providing solutions.
- The People in History section offers an opportunity to learn about historical figures involved in the residential school system, from being the architects to the whistleblowers.
- The Reconciliation History Walking Tour is a free, self-guided walking route in downtown Ottawa. Each point of interest along the route is an opportunity to learn about the opposing views of Duncan Campbell Scott and Dr. Peter Henderson Bryce. The walking tour is an opportunity to learn about moral courage and offers lessons we can glean from history to address contemporary injustices experienced by Indigenous peoples.

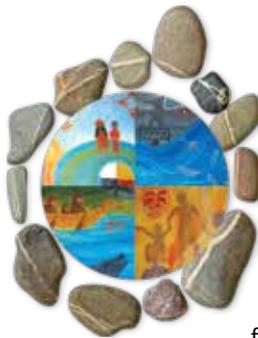




The Caring Society is proud to announce that in partnership with the Reconciling History Committee, a new plaque was unveiled on August 15, 2020, honouring children who attended residential schools and their families. This plaque was unveiled at a special event attended by children, young people and families (following COVID-19 health protocols) alongside a special first reading of *Spirit Bear: Echoes of the Past*.

The new plaque is the latest in a line of historically accurate plaques at Beechwood Cemetery. In keeping with the Truth and Reconciliation Commission's Calls to Action, the resting places of three individuals who each had a role in the residential school system, Dr. P.H. Bryce, Duncan Campbell Scott and Nicholas Flood Davin, are marked with plaques that tell balanced stories of their lives and legacies.

Ojimaakwewak Singers open the event unveiling the new reconciliation plaque.



Touchstones of Hope

fncaringsociety.com/touchstones-hope

It has been 15 years since the Touchstones of Hope were created by like-minded folks working for the well-being of Indigenous children and families and concerned by the colonial policies and practices of the child welfare systems serving them. Since that time, there have been many in-roads with the Touchstones and its relevance remains. The Touchstones of Hope is a holistic framework centered on how to ensure Indigenous children's well-being in ways that recognize the uniqueness of different Nations. We believe that it could be a starting point for this process. With the introduction of Bill C-92, "An Act respecting First Nations, Inuit and Métis children, youth and families" in June 2019, First Nations, communities and First Nations child and family service agencies have been looking ways on how to get started. We believe the Touchstones could be a starting place for those wanting to define their vision of what is needed to ensure that children, families and communities are thriving.

This past year, we were able to update the Touchstones of Hope tool kit further, translate it, and update our website. Along with our suite of Touchstones resources, we have also been doing public engagement.

In October 2019, the Caring Society facilitated two Touchstones of Hope sessions at the Child Welfare League of Canada (CWLC)'s first Learning Community on Reconciliation, which now consists of over 30 organizations focused on Indigenous and non-Indigenous child well-being. The session allowed participating organizations to create a plan for their organization to better support Indigenous young people. The Learning Community now convenes about every one to two months to provide updates on their next steps and how they are implementing the Touchstones of Hope and reconciliation initiatives.

During the COVID-19 pandemic, the Caring Society started having monthly calls with the National Indian Child Welfare Association (NICWA), one of the founding organizations of the Touchstones of Hope. As a result of these discussions, the Caring Society and NICWA will be partnering on a series of webinars focused around the Touchstones of Hope principles. Stay tuned in Fall 2020!



First Peoples Child & Family Review

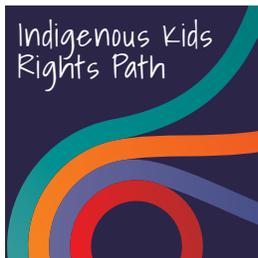
fpcfr.com

Founded in 2003, the *First Peoples Child & Family Review* (FPCFR) is a peer-reviewed, interdisciplinary, and multi-format journal honouring the voices and perspectives of First peoples and non-Indigenous allies and supporters. The FPCFR's mission is to promote research, critical analysis, stories, standpoints, and educational resources which advance innovation within child, family, and community based-matters for First Nations, Métis, and Inuit, as well as Indigenous peoples abroad. We are proud to be a leader in the movement for open access and accessible knowledge sharing.

We are proud to announce that the FPCFR partnered with Coalition Publica, an initiative to develop and promote a network of open-source, digital scholarly publishing. Advancing our mission to ensure the journal is accessible and open-access, every new issue of the journal and our archive of issues will be promoted by the platform Érudit, bringing the journal directly to libraries, schools, and researchers in Canada and around the world. To learn more, please visit erudit.org/en/journals/fpcfr.

The FPCFR has been busy furnishing its new website with accessible features! In 2019, the FPCFR unveiled a brand-new website to make content more accessible and the editorial process clearer and more interactive. We have continued this work by introducing new videos! These videos outline the FPCFR's copyright policy, peer review process and author guidelines.

Issue 15(1) was published in the winter of 2020 and featured articles on various topics connected by a common narrative of rights and responsibilities. Thank you to all of the peer reviewers who provided thoughtful feedback and to the authors for sharing their knowledge, experience and stories.



Indigenous Kids Rights Path

indigenoustokidsrights.ca

Launched in 2015, the Indigenous Kids Rights Path is an online portal that aims to support kids and youth in learning about their rights and offers resources and contacts in the event that they feel their rights are not being respected. The Indigenous Kids Rights Path also supports anyone wanting to learn more about the rights of Indigenous peoples and children's rights. The Caring Society continues to add relevant resources and contact information to the portal; something has proven to be even more useful in light of the ongoing COVID-19 pandemic.

Caring Society Events

fncaringsociety.com/events

The Caring Society annual events support campaigns like Jordan's Principle, I am a Witness and Shannen's Dream. The events also honour residential school survivors and their families, as well as the legacy of the Truth and Reconciliation Commission of Canada. The Caring Society provides information and resources to make it easier for people to participate in these events in their communities, schools, workplaces and at home.



Have a Heart Day

fncaringsociety.com/have-a-heart

Have A Heart Day, one of the Caring Society's main events, has been celebrated annually since 2012. It is a child- and youth-led reconciliation event that brings together caring Canadians to help ensure First Nations children have the services they need to grow up safely at home, get a good education, be healthy and be proud of who they are.

Have a Heart Day has grown and is

celebrated each year by thousands of people across Canada. Children and young people gather in their communities, schools and on Parliament Hill to read letters and sing songs in support of First Nations young people. Due to ongoing construction on Parliament Hill, arrangements were made to host the event at an alternative location. This year, nearly 500 students from schools in the Ottawa-Gatineau area celebrated at Lansdowne Park. Meanwhile, over 40 nationwide events and over 2,000 people supported and celebrated Have a Heart Day.

Have a Heart Day can be celebrated in many different ways, including:

- Sending a Valentine's Day card or letter supporting Have a Heart Day to the Prime Minister and your Member of Parliament;
- Hosting a Valentine's Day party to raise awareness in your school or community;
- Spreading the word through social media, using the hashtags **#HaveAHeartDay** and **#JourneeAyezUnCoeur**.



Memengwe and Uncle Huckleberry at Have a Heart Day celebrations in Ottawa.



Elderbeary Day

fncaringsociety.com/elderbeary-day

On March 20, the Caring Society celebrated the second annual Elderbeary Day! Elderbeary Day invites individuals to honour and celebrate the contributions of Elders who do so much to teach and raise little ones. The day is celebrated by thanking your Elders for all

that they do for you and your community by writing them letters, drawing them pictures, in any way you believe best represents how much you care!

This year's Elderbeary Day was celebrated differently due to the COVID-19 pandemic. The Caring Society urged participants to celebrate Elders virtually or contactless to respect physical and social distancing measures put in place by public health authorities. Folks celebrated their Elders in many ways, included doing outdoor chores, having groceries delivered, and sending mail and virtual messages to Elders to ensure their health and safety while also letting them know you are thinking of them.

Celebrate Elderbeary Day on social media with the hashtags **#ElderbearyDay** and **#JournéeOursonAîné**.



Bear Witness Day

fncaringsociety.com/BearWitness

Celebrated annually on May 10, Bear Witness Day invites supporters of all ages to bring their teddy bears to work, school or even daycare to “bear witness” and support the full implementation of Jordan’s Principle in honour of Jordan River Anderson.

In its landmark 2016 ruling, the Canadian Human Rights Tribunal (the Tribunal) ordered the Canadian federal government to fully implement Jordan’s Principle by May 10, 2016. However, First Nations children and their families continue to face discrimination in accessing government services due to the federal government’s failure to comply with the Tribunal’s orders. In May 2017, the Tribunal issued a third non-compliance order finding Canada’s approach to Jordan’s Principle to be unlawful and discriminatory (2017 CHRT 14). In total, the Tribunal has issued 14 non-compliance and procedural orders, six of which were issued throughout 2019–2020.

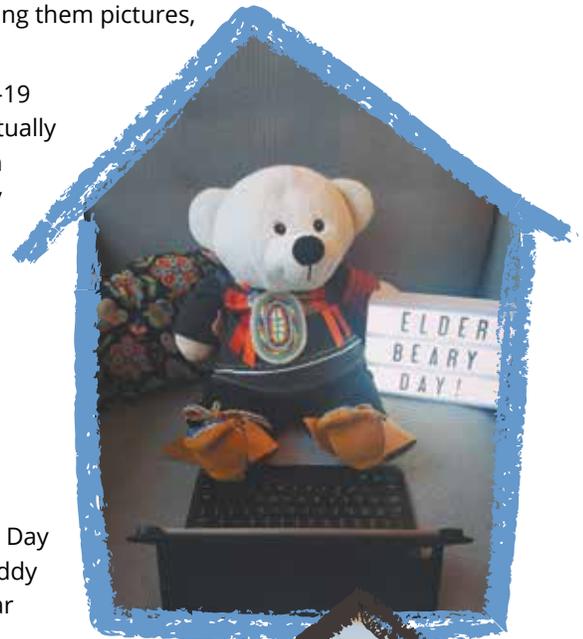
This year, Bear Witness Day was celebrated online by individuals, groups and organizations across Canada using the hashtags **#JordansPrinciple** and **#BearWitnessDay**, as well as **#PrincipedeJordan** and **#JournéeOursonTémoïn**. Bear Witness Day has seen tremendous online support, with the number of supporters posting on social media increasing every year. For the fourth year running, **#JordansPrinciple** was trending on Twitter for the duration of May 10, making it one of the day’s most popular hashtags in Canada.



Honouring Memories, Planting Dreams

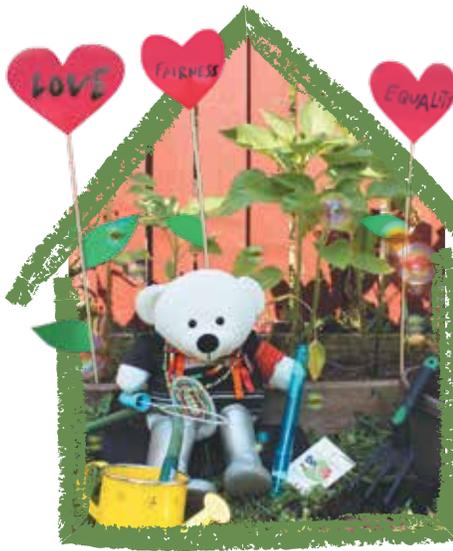
honouringmemoriesplantingdreams.ca

Celebrated in May and June, Honouring Memories, Planting Dreams invites people of all ages to plant heart gardens in memory of children lost to the residential school system, to honour residential school survivors and their families, and support the legacy of the Truth and Reconciliation Commission (TRC). Heart gardens can include decorated paper hearts, real flowers, and where appropriate, Indigenous plants and medicines.



Top: Spirit Bear celebrated his Elders this year by respecting social distancing measures and sending virtual messages!

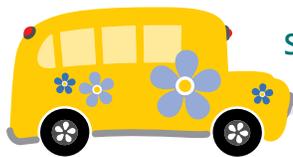
Above: Spirit Bear and his pal Sunny work on a special Bear Witness Day crossword! Although Spirit Bear couldn't celebrate Bear Witness Day in person this year, he was still able to celebrate with his pals online and with those at home.



Right: The Caring Society staff celebrated Honouring Memories, Planting Dreams with a physically distanced picnic!

Planting heart gardens represents our commitment to reconciliation. This year, we invited gardeners to plant their heart gardens at home and take their commitment a step further by participating in the new self-guided learning activity, “Finding Your Place in Reconciliation” that they can while Hibernating for Health. The step-by-step activity supports learners in learning about the impact of residential schools, engaging with the TRC’s Calls to Action, and creating a personal and specific goal that helps one Call to Action come true. This goal can be brought into the heart garden by writing it on the back of a paper heart, or saying it aloud while planting.

While Honouring Memories, Planting Dreams events were disrupted this year due to COVID-19, families continued to plant heart gardens at home and show support by posting photos on social media using the hashtags **#TRCHeartGarden** and **#CVRJardinDeCoeurs**.



School is a Time for Dreams

fncaringsociety.com/school-time-dreams

The Caring Society created School is a Time for Dreams in 2018 to honour Shannen Koostachin, the community of Attawapiskat and Shannen’s Dream for safe and comfy schools. As many First Nations young people still do not have safe and comfy schools and quality, culturally relevant education, School is a Time for Dreams invites people from all over the country to support equitable education for First Nations and all young people in the country.

In 2019, we encouraged people to celebrate by sharing their dreams for First Nations young people and their own dreams, by hosting a Shannen’s Dream party and writing to elected officials. Given the COVID-19 pandemic, we have provided a free PDF copy of *Spirit Bear: Fishing for Knowledge, Catching Dreams* on our website. It is a great learning resource for School is a Time for Dreams as it looks at the historical and contemporary aspects of First Nations education and the importance of Shannen’s Dream. Celebrate School is a Time for Dreams on social media with the hashtags **#ShannensDream** and **#RêvedeShannen**.



Annual Caring Society Gala

fncaringsociety.com/Gala

November 14, 2019 marked the 12th Annual Caring Society Gala. As in previous years, the Caring Society provided an educational workshop in the morning, followed by the gala in the evening. Attended by approximately 90 participants, including young people, the educational workshop consisted of a presentation by Helaina Gaspard of the Institute of Fiscal Studies and Democracy (IFSD) on the work IFSD has been doing to identify options and plans for a change in structure and resources in First Nations Child and Family Services. Following IFSD's presentation, the Caring Society provided updates on the exciting Caring Society initiatives.

The gala changed venues this year which enabled the number of attendees to grow. Thanks to the support of almost 600 attendees and many others who donated their time and talents, the gala was a huge success bringing in \$100,000 to the Caring Society. A huge "thank you" to Dakota Ojibway Child & Family Services and everyone involved in planning and hosting this fantastic event!

Caring Society Awards and Scholarships

The Caring Society proudly acknowledges the work of individuals and groups, including children and youth, to support the best outcomes for Indigenous children and families. We work in partnership with families, communities, schools and other individuals in recognizing the outstanding work of our awards and scholarships.

Jordan's Principle Scholarship

fncaringsociety.com/jordan-principle-scholarship

Named in loving memory of Jordan River Anderson and in partnership with Jordan's family, the Caring Society is proud to present the third annual Jordan's Principle Scholarship for First Nations students to Corrine Clyne, Kiana Tait and Shayna Ritchie. These three recipients were presented with the scholarship to honour their commitment to Indigenous children's health and community service. May they always hold Jordan River Anderson in their hearts and minds, and remain champions for Jordan's Principle and equity for all Indigenous children.



Spirit Bear Award

fncaringsociety.com/spirit-bear-award

Every year, the Spirit Bear Award is given to a group of young people who excel at showing their commitment to reconciliation and the TRC's Calls to Action. The 2020 recipient was Juniper Land Base, a group of elementary students from the Juniper Elementary School in Thompson, Manitoba. Since 2017, the group has been making their school and community a better place by learning about things like Jordan's Principle, Shannen's Dream, children's rights, and the MMIWG Calls for Justice. Guided by their three ambearristers, Nipi, Askiy and Kisik, they have also participated in numerous reconciliation events and land-based activities.

Also, a huge bear cheer for other groups who were nominated: Abi Paetkau, Jacob Paetkau & Abi Porttris, Spirit Seekers, and the Grade 5 cohort at Shortreed Elementary School!



First Nations Children's Action Research and Education Service (FNCARES)

fncaringsociety.com/fncares



About FNCARES

The First Nations Children's Action Research and Education Service (FNCARES) is a partnership between the Caring Society and the University of Alberta's Faculty of Education. Located on Treaty 6 territory in Amiskwaciwâskahikan (Edmonton, Alberta), FNCARES focuses on translating research on structural disadvantage for First Nations children into practical community-based solutions. FNCARES organizes and hosts numerous events each year, including lectures, workshops, film screenings, panel discussions, book launches and other educational activities that are free and open to the public. We also develop resources to educate about the structural drivers of disadvantage and promote further discussion and action concerning culturally based equity for First Nations children and youth.

Director: Cindy Blackstock

Research Associate: Melisa Brittain

FNCARES Events

Panel Discussion – Bill C-92: The Good, the Bad and the Unknowns



Above: Dr. Shalene Jobin introduces speakers.



Right: l-r: Dr. Cindy Blackstock and Dr. Hadley Friedland.

On November 6, 2019, FNCARES partnered with the Wahkohtowin Law and Governance Lodge, the Indigenous Law Students' Association and the Faculty of Law, University of Alberta, for a panel discussion on *Bill C-92, An Act respecting First Nations, Inuit and Métis children, youth and families* with Dr. Hadley Friedland and Dr. Cindy Blackstock. Bill C-92 came into force on January 1, 2020 and allows for First Nations and other Indigenous Governing Bodies to put their own child and family services laws in place.

It was standing room only as Dr. Friedland began by pointing out that this law is “a huge step forward” as the “first official government recognition of Section 35 Aboriginal right to Indigenous Peoples’ jurisdiction over child and family services.” However, she cautioned that there is uncertainty about how this law will play out and laid out numerous concerns

and recommendations. Dr. Blackstock expressed a fundamental concern about the federal government's lack of commitment to funding. Those seeking jurisdiction have one year from entering into coordination agreements with the federal government to come to an agreement about funding. Dr. Blackstock recommends: "If you are going to go down this road, please negotiate your funding agreement first. Do not trigger that coordination agreement until after you have the funding sorted out."

Video of the lecture is posted on YouTube and has been watched over 1,800 times to date. You can find the video at bit.ly/uAlbertaC92Video.

Film Screening and Panel Discussion – Jordan River Anderson, *The Messenger*

On March 8, 2020, FNCARES partnered with the Metro Cinema, the National Film Board (NFB) and others to bring legendary Abenaki filmmaker Alanis Obomsawin to Edmonton to screen her most recent film, *Jordan River Anderson, The Messenger* (NFB, 2019). After the screening, Deanna Wolf Ear from the First Nations Health Consortium joined Alanis Obomsawin and Melisa Brittain on stage for a lively and informative discussion with the audience about the making of the film and the implementation of Jordan's Principle.

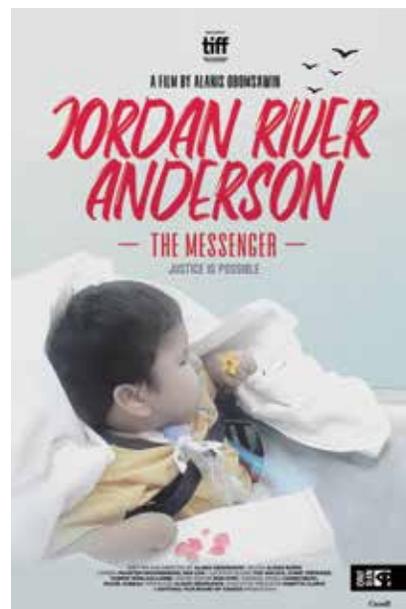
Jordan was a child from Norway House Cree Nation born with complex medical needs who lived out his five years in a Winnipeg hospital because neither the federal nor provincial government would pay for his in-home care. As a result of Jordan's short life, and the unrelenting work of his family and many others, Jordan's Principle was created in his memory. Jordan's Principle is a child-first principle ensuring First Nations children get the services and supports they need when they need them.

During the discussion, Alanis Obomsawin spoke about the process of listening to the stories of First Nations community members prior to beginning any filming, about the power of storytelling to address the inequities faced by First Nations children, and about how things have improved for First Nations children since she directed her first film, *Christmas at Moose Factory*, in 1971. Deanna Wolf Ear spoke about the work the First Nations Health Consortium is doing with First Nations communities in Alberta to ensure their children get the resources and services they need, and the challenges that remain as the federal government continues to resist fully implementing Jordan's Principle.



To learn more about Jordan's Principle, visit fncaringociety.com/jordans-principle. To access the film, visit nfb.ca/film/jordan-river-anderson-the-messenger.

l-r: Deanna Wolf Ear, Alanis Obomsawin, Melisa Brittain (photo by Geraldine Carr)



FNCARES Research

Just because we're small doesn't mean we can't stand tall: Reconciliation education in the elementary classroom

This SSHRC-funded research project (2018–2022) studies the impacts of the First Nations Child & Family Caring Society's social justice-based reconciliation campaigns on elementary students and teachers. Led by Dr. Cindy Blackstock (McGill University) and co-investigators Dr. Nicholas Ng-A-Fook and Dr. Susan Bennett (University of Ottawa), this project will advance knowledge about implementing a social-justice reconciliation approach within elementary school curriculum frameworks and standards, and create knowledge and resources that school boards and educators can use to implement this education in elementary classrooms.

Between the fall of 2019 and Spring of 2020, University of Ottawa team members Dr. Ng-A-Fook, Lisa Howell (Graduate Research Assistant), Reeta Koostachin and Cedar lahtail (Undergraduate Research Assistants) conducted and transcribed teacher interviews and analyzed data. Initial findings indicate that elementary students involved in the Caring Society's campaigns in their classrooms demonstrate empathy when they learn about inequities for First Nations children and realize the power of their voices in speaking out against injustice. Teachers reported that students were able to make connections between colonialism and current injustices and took leadership roles in campaign events; the campaigns also gave students the opportunity to realize they are agents of change and can have an impact on their future.

Teachers from First Nations-run schools noted that participation in the campaigns could be confusing for First Nations students, who experienced support from other children at campaign rallies but experienced racism from the public once they left the larger group. These teachers also indicated that their First Nations students would benefit from more sustained relationships with non-Indigenous students before and after campaign events. All teachers indicated a desire for more sustained engagement between Indigenous and non-Indigenous students, teachers and communities.

In the coming year, researchers will continue to analyze the interview data. They will design, deliver and evaluate professional development workshops and sample lesson plans based on findings and disseminate these findings via academic papers and conferences. Findings will also be shared through the production of educational videos and an open-access resources page for scholars, educators and the general public.



We are delighted to have Madelaine McCracken on board as a Graduate Research Assistant at the University of Ottawa for the next stage of the project.

FNCARES Resource Development

(Dis)placed Learning Guide for Professionals Working With Children and Youth

In Summer 2020, we completed a new learning guide to accompany our documentary film, *(Dis)placed: Indigenous Youth and the Child Welfare System*. This film features Indigenous youth reflecting on their prior involvement with the child welfare system and their multiple strategies of resistance to assimilation and state control. The learning guide was written by Melisa Brittain and Sarah Auger, with help from Kayla Das, and is adapted from the *(Dis)placed Teaching Guide for Grades 9–12* (2019).

The learning guide was created for those working in the child welfare system and other allied professions involved in providing services to Indigenous children and youth impacted by the system. This can include people working directly with Indigenous children and youth, people working in the justice system, policymakers, educators, and government and agency employees involved in any aspect of Indigenous child and family services.

The learning guide is divided into four themed sections that provide crucial background information in the following areas:

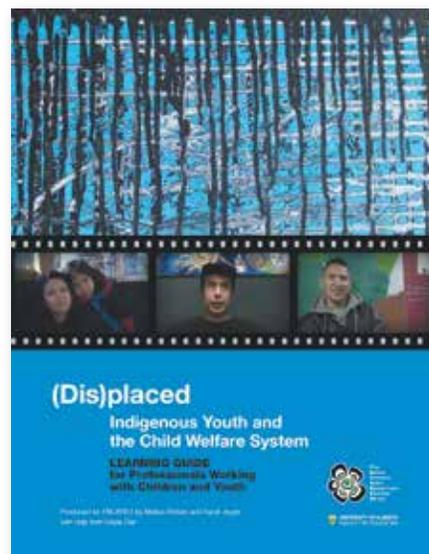
- the connections between Canada’s colonial history and the ongoing inequities and discrimination that have led to the alarmingly high numbers of Indigenous children in the child welfare system;
- the importance of cultural continuity for Indigenous child well-being;
- the practice of moral courage in child welfare;
- taking action towards social justice for Indigenous children in solidarity with Indigenous communities.

Each of the four themed sections of the learning guide includes suggested activities and discussion questions, making it ideal for running workshops for professionals. It can also be adapted for less formal group or individual learning. The guide’s references and additional resources sections provide learners with links to hundreds of sources to help them more easily expand their knowledge beyond the content of the film and the learning guide.

We would like to extend thanks to members of the revision working group for their time and invaluable suggestions about how to best adapt the original resource for professionals working with children and youth: Crystal Beaverbones, Michelle Briegel, Derek Chewka, Bernadette lahtail, Charity Lui and Julie Mann-Johnson. And thanks also go to Andrea Auger, for her extensive final editing suggestions, and to the Office of the Dean, Faculty of Education, University of Alberta, for funding this resource, and for their generous support over these past few years.

(Dis)placed: Indigenous Youth and the Child Welfare System – Learning Guide for Professionals Working with Children and Youth is available for free online at bit.ly/DisplacedLearningGuideforProfessionals.

For more information about the film and a link to the Teaching Guide for Grades 9–12, visit kingcripproductions.com/displaced.



Future Directions

Our vision of Canada is one where all First Nations children are loved, respected and honoured. We know just what to do to make that vision a reality, and it will require the education and active engagement of caring Canadians and organizations to make it happen. Over the next year we look forward to making the following visions a reality:

- Continue to work with the Canadian Human Rights Tribunal and the Canadian federal government on First Nations child welfare and the full implementation of Jordan's Principle.
- Write, illustrate and publish Spirit Bear's fifth book with accompanying educational resources.
- Completion and distribution of Spirit Bear's two stop motion animated films.
- Expand the Reconciliation *Ambassadors* program and promote reconciliation initiatives for the Caring Society's ever-growing bear family.
- Continue expanding the Reconciling History project to truthfully portray Canada's collective past in order to honour reconciliation.
- Support First Nations child and family service agencies, governments and stakeholders' engagement in the Touchstones of Hope movement.
- Expand the Touchstones of Hope Reconciliation in Canada and Reconciliation + Children and Youth platforms to include more of the Caring Society's initiatives.
- Publish two editions of the *First Peoples Child & Family Review* and continue updating the online database.
- Develop more educational resources for Shannen's Dream, Jordan's Principle and the promotion of children's engagement in research and positive social change.
- Expand the available educator resources and make these resources more accessible.
- Host School is a Time for Dreams, Have a Heart Day, Honouring Memories, Planting Dreams, Elderbeary Day and Bear Witness Day for another year!

A warm thank you to our members, volunteers and the many thousands of caring people of all ages who have joined the effort to ensure culturally based equity for First Nations children, youth and their families.

Want to Make a Difference for First Nations Children?



Go online to fncaringsociety.com to learn more and join the movement for culturally based equity for First Nations children, young people and families. You will find seven ways you can make a difference for Indigenous children and youth, as well as information and resources to make it easier for you to participate in these campaigns in your community, school, workplace or home! Think about supporting the Caring Society by becoming a member at fncaringsociety.com/becomeamember or making an online donation at fncaringsociety.com/donate.

#Hibernating4Health



First Nations Child & Family Caring Society of Canada

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