

Resources for Suicide Prevention in American Indian/Alaska Native Communities

Reports, guides, and toolkits:

U.S. Department of Health and Human Services. 2010. To Live To See the Great Day That Dawns: Preventing Suicide by American Indian and Alaska Native Youth and Young Adults. DHHS Publication SMA (10)-4480, CMHS-NSPL-0196. Rockville, MD: Center for Mental Health Services, Substance Abuse and Mental Health Services Administration.
http://www.sprc.org/library/Suicide_Prevention_Guide.pdf.

National Indian Child Welfare Association. 2010. Ensuring the Seventh Generation: A Youth Suicide Prevention Toolkit for Tribal Child Welfare Programs.
<http://www.nicwa.org/youthsuicidepreventiontoolkit/ysptoolkit.pdf>

Native American Rehabilitation Association. Life is Sacred Native Youth Suicide Prevention Program. http://nned.net/index-nned.php/NNED_wiki/Life-is-Sacred-Native-Youth-Suicide-Prevention-Program.

Tribally-based programs:

First Nations Behavioral Health Association Catalogue of Effective Behavioral Health Practices for Tribal Communities.
http://www.fnbha.org/pdf/fnbha_catalogue_best_practices_feb%2009.pdf

Mullany B, Barlow A, Goklish N, Larzelere-Hinton F, Cwik M, Craig M, and Walkup J. 2009. Towards Understanding Suicide Among Youths: Results From the White Mountain Apache Tribally Mandated Suicide Surveillance System, 2001-2006. American Journal of Public Health, 99(10):1840-1848

The Gathering of Native Americans (GONA) training:
http://www.nicwa.org/mental_health/SystemsOfCare/documents/GONABPNewsletterMarch2012.pdf

Native H.O.P.E. (Helping Our People Endure), a school-based suicide prevention curriculum:
<http://www.nativeprideus.org>.

Planting Seeds of Hope, suicide prevention program at the Montana-Wyoming Tribal Leaders Council: <http://www.mtwytlc.com/tlc-programs/planting-seeds-of-hope.html>

The Sources of Strength Program, North Dakota: <http://sourcesofstrength.org>

Portland Area Indian Health Service and Northwest Portland Area Indian Health Board. 2009. Northwest Suicide Prevention Tribal Action Plan: A Five-Year Strategic Plan for the Tribes of Idaho, Oregon, and Washington. 2009-2013.
http://www.npaihb.org/images/healthissues_docs/suicide/NW%20Tribal%20Suicide%20Action%20Plan%202009.pdf

Howard-Pitney B. 1995. The Zuni Life Skills Development Curriculum: Description and Evaluation of a Suicide Prevention Program. *Journal of Counseling Psychology*, 42(4):479-486.

Programs developed outside tribal communities, but that have been adapted for tribes:

ASIST (Applied Suicide Intervention Skills Training):

<https://www.livingworks.net/programs/asist>

SafeTALK: <https://www.livingworks.net/programs/safetalk>

QPR (question, persuade, and refer): <http://www.qprinstitute.com>

Practice based evidence

Cruz C and Spence J. 2005. Oregon Tribal Evidence Based and Cultural Best Practices.

<http://library.state.or.us/repository/2007/200710220927381/index.pdf>

Other Websites

National Library of Medicine, American Indian Health.

<http://americanindianhealth.nlm.nih.gov/suicide.html>

Healing of Nations. Suicide Prevention. <http://www.healingofnations.org>

Administration for Children and Families. Native American Youth Depression and Suicide.

<https://www.childwelfare.gov/systemwide/cultural/families/americanindian/mentalhealth/depression.cfm>

Suicide Prevention Resource Center. American Indian/Alaska Native. <http://www.sprc.org/aian>